I'm a resistance fighter™

Rachel Kamau Executive Committee Member of Health, County of Nyeri, Kenya

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Combating antimicrobial resistance (AMR)

AMR is a serious problem in Kenya and the Ministry of Health takes this problem seriously. One of the key problems is the procurement of antibiotics over the counter. Anyone can access antibiotics without necessarily having a prescription from the doctor. This unsupervised consumption of antibiotics contributes to antibiotic resistance. But there are many other drivers for AMR and we need to address them holistically and at every healthcare facility. We need robust policies. These changes must happen not only at the national level but also at the county and community level. **Because all of us need to be resistance fighters.**