

# I'm a resistance fighter™

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*Nandita*



## Combating antimicrobial resistance (AMR)

**I survived an eight-year-long battle against two bouts of TB.** I first contracted intestinal TB when I was a teenager. I had to take 15 pills a day for the next 18 months of my life. During my second bout of TB, the bacteria came back with a vengeance and my condition became extremely critical. It was a matter of life and death. The worst of it all came shortly after my 24<sup>th</sup> birthday, when I ended up losing over 90% of my hearing because of the drugs needed to treat my severe form of the disease. There is still a lot of stigma and misinformation about TB, but as a journalist, I know the important role the media can play in creating awareness. We need to fight back.

**Because all of us need to be resistance fighters.**

Learn more at [AntimicrobialResistanceFighters.org](https://AntimicrobialResistanceFighters.org)

