I'm a resistance fighter™

Namita Jaggi

Labs and Infection Control Director, Education and Research Chief, Artemis Hospital

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Combating antimicrobial resistance (AMR)

Frankly, microbial resistance can be slowed with the development and use of good diagnostics. We know that doctors are prescribing antibiotics for viral infections, which we can prevent if we have a very rapid diagnostic method that quickly differentiates between viral infections and bacterial infections. We need to increase awareness among clinicians of the current diagnostics available so we do not prescribe antibiotics for viral infections. Awareness also needs to include patients. Patients are the end users of data. We need to educate them that the antibiotics are not to be used for viral infections and they will not get better faster if they take antibiotics for viral infections. So, you must use antibiotics judiciously because they are a very finite and precious resource. **Because all of us need to be resistance fighters.**



