

# I'm a resistance fighter™

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## Combating antimicrobial resistance (AMR)

**As a clinician and researcher in infectious diseases and healthcare epidemiology, I have seen the harm antibiotic resistance inflicts on patients and their families.** I am committed to preventing this harm. Within my regional network of community hospitals, my goal is to implement best practices to reduce the risk of healthcare-associated infections and prevent unnecessary antibiotic use. We need to evolve our practices just as quickly as the bacteria evolve. While implementing the best practices for today, I also want to discover the best practices for tomorrow through research. The best way to fight resistance is to minimize the occurrence of healthcare-associated infections, protect the effectiveness of the antibiotics we have today, and discover new strategies for tomorrow. **Because all of us need to be resistance fighters.**

Learn more at [AntimicrobialResistanceFighters.org](https://AntimicrobialResistanceFighters.org)

