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感染需要正确诊疗与防控

胡必杰

我是一名医院感染治疗与防控专家

我们要让临床抗菌药物的使用更具有针对性。尽管我们在需要的时候不得不使用抗菌药物，但是我们不能过度使用，必须明确感染的诊断，规范感染的治疗。

在加强抗菌药物管理的同时，我们要加强医院感染的预防和控制。这是预防耐药细菌感染，阻断耐药菌传播，减少细菌耐药伤害最有效的措施。在感染性疾病诊治过程当中，应该尽早建立微生物学的思维，查明病原菌，明确传播途径，掌握感染的流行病学特点，采取科学有效的感染防控措施，才能够做到最经济、最有效的遏制细菌耐药。

遏制细菌耐药，合理使用抗菌药物

国家卫健委抗菌药物临床应用与细菌耐药评价专家委员会

Bijie Hu

Director of The Nosocomial Infection Control Sector of
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PROPER DIAGNOSIS, TREATMENT, AND PREVENTION.

Antimicrobial Resistance Prevention CHINA IN ACTION

I am a hospital-based expert of infection treatment and prevention.

We should make the use of clinical antibiotics more pertinent. Although we have to use antibiotics when we need them, we can not overuse them. We must make a clear the diagnosis of infections and standardize the treatment of infection.

While strengthening the administration of antibiotics, we should strengthen the prevention and control of nosocomial infections. This is the most effective measure we have to prevent the development of drug-resistant bacterial infection, block the spread of drug-resistant bacteria, and reduce the damage caused by drug-resistant bacteria. In the process of the diagnosis and treatment of infectious diseases, microbiological thinking should be established as soon as possible. The most economical and effective way to control AMR is to identify pathogenic bacteria, clarify transmission routes, master epidemiological characteristics of infections, and take scientifically-sound and effective measures related to infection prevention and control.

Source from: The National Health Commission of the PRC Expert Committee on the clinical application of antibiotics and evaluation of AMR

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